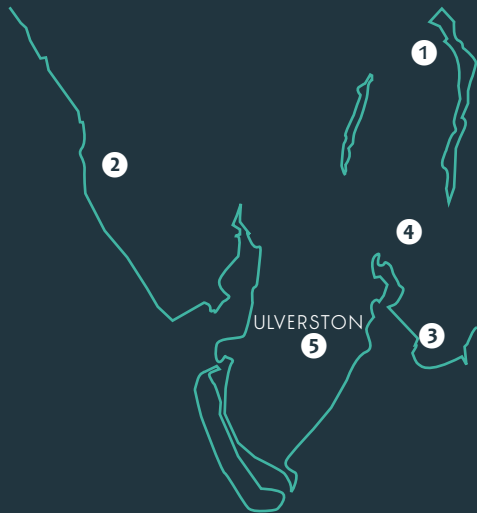


Where we can,  
we are committed to  
using local suppliers  
and seasonal  
produce.



① We are delighted to have Jumping Jenny supplying us with their delicious cakes, tray bakes and savoury dishes. They say *“when it comes to food we are obsessed with ensuring every detail, from the first spoon to the final smothering of chocolate, is the best we can possibly make it”*.

② RB Woodall, based in Wabberthwaite on the west coast, are renowned for their much acclaimed traditionally cured meats, and supply us with our bacon.

③ Our artisan bread is made using traditional methods and flour from a local mill, by the Fat Flour Bakery in Cark.

④ The Handmade Ice Cream company is an artisan producer of gourmet ice cream based at Haverthwaite, near Ulverston. Their belief is simple in that *“the best products require the best ingredients”*.

⑤ South Lakes Organic are next door to us at Swarthmoor Hall Farm, and supply us with milk and cream.



MENU

## DRINKS

Tea	£1.80	
Herbal & Speciality Teas: <i>Decaffeinated tea · green tea</i>	}	£1.90
<i>Earl Grey · red bush · peppermint · lemon &amp; ginger · wild berry</i>		
Coffee - cafetiere		£2.00
Decaffeinated coffee - cafetiere	£2.10	
Hot chocolate	£2.30	
Fairtrade orange juice small carton with straw	£0.95	
Organic apple juice small carton with straw	£1.25	
Mineral water	£1.25	
Luscombe ginger beer	£2.40	
Luscombe sparkling elderflower	£2.40	
Luscombe Sicilian lemonade	£2.20	
Milk (organic from Swarthmoor Hall Farm)	£1.00	

## SAVOURY DISHES

Soup of the day with warm crusty bread	£4.10
Mushroom, lentil and walnut pate with cranberry relish	£6.50
Welsh rarebit on artisan bread with apple chutney	£5.50

PLEASE SEE BLACKBOARD FOR OUR HOME MADE SPECIALS

## SIDE DISHES

Bowl of mixed salad	£2.50	with soup	£5.50
Bread and butter	£1.90		

## WARM SANDWICHES

Smoked Woodalls back bacon	£5.95	with soup	£7.50
Smoked Woodalls bacon, brie and relish	£6.95		£8.50
Brie, tomato and pesto	£5.95		£7.50

## COLD SANDWICHES

Applebian cheese and apple chutney	£5.95	with soup	£7.50
Egg mayonnaise with chives	£5.50		£6.95
Hummus, grated carrot & salad leaves	£5.50		£6.95

## CHILDREN'S SANDWICHES

Applebian cheese with carrot sticks & raisins	£3.50
Egg mayonnaise with carrot sticks & raisins	£3.50
Peanut butter with carrot sticks & raisins	£3.50

## CAKES, SCONES & TRAYBAKES

Fruit scone with butter	£1.90
Fruit scone with butter & jam	£2.40
Fruit scone with butter, jam & cream	£2.90
Cheese scone	£2.40
Muffin	£1.75
Toasted teacake	£1.90
Caramel shortbread	£2.90
Shortbread	£1.90
Flapjack	£1.60
Fruit flapjack	£1.90
Tiffin	£2.90
Carrot cake	£3.40
Coffee cake	£3.40
Fruit cake	£3.60
Lemon cake	£3.20
Chocolate gateaux	£3.90
Orange & almond cake ( <i>gluten &amp; dairy free</i> )	£3.40
Meringue with cream & fruit ( <i>gluten free</i> )	£3.50

## THE BARN CAFÉ AFTERNOON TEA

A pot of tea or cafetiere of coffee served with a selection of sandwiches, a scone with jam & fresh cream, a slice of cake and a tray bake  
£12.50

## ICE CREAM

Hand Made Ice Cream Company Madagascan vanilla	per scoop	£1.50
Hand Made Ice Cream Company Belgian chocolate		£1.50
Hand Made Ice Cream Company strawberry		£1.50

Our ice cream is available to take away too!  
125ml tub £2.00 & 500ml tub £4.95