

QUAKER WEEK AT SWARTHMOOR HALL

1-9 OCTOBER 2016



Quaker Week Open Days

Sunday 2 October 1:30-4:30pm **FREE**

Wednesday 5 October 10:30am-4:30pm **FREE**

Quaker Week Open Days offer free entry to the Hall and our beautiful gardens. Visitors will be able to tour the historic rooms & hear the Quaker story free of charge. For those who are interested, there will be an opportunity to experience a taster Quaker Meeting for Worship, and to chat to local Friends.



Experiment with Light: an introductory day

Sunday 2 October 9:30am-4:30pm **BOOKING ESSENTIAL**

Quaker faith and practice are based on the authority of experience. This course is an opportunity to experience a meditation practice drawn from the writings of early Friends. It can be searching and powerful. We will reflect on the significance of the Light for our lives today, and how we might be helped to access it, including in supportive Light groups. This course aims to deepen the spiritual lives of participants. For more information please visit www.experiment-with-light.org.uk



Quaker Songs

Wednesday 5 October 7:00pm Conference Room **FREE**

Thursday 6 October from 12pm Barn Café **FREE**

Two special performances of modern folk ballads about Quakers and their tradition by Eden Thomas. The newly penned songs celebrate some intriguing people and their lives; rebels, world-changers, socialists, patriarchs, peace-makers, reformers, scientists and many who just muddled on like the rest of us. Upbeat songs, some not so much, but all with lyrics and tunes that will entertain and send you home if not dancing, at least humming!
